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ARTICULATION PROPOSAL for Spokane Falls Community College

and

Washington State University Bachelor of Science in Exercise Physiology and Metabolism

Introduction

Community Colleges of Spokane and Washington State University (WSU) share a common interest in facilitating the smooth transition of students transferring from Spokane Falls Community College (SFCC) to WSU Spokane to pursue a major in Exercise Physiology and Metabolism (ExMet). The information provided here is intended to eliminate duplication of coursework and better integrate programs to ensure a more efficient pathway to graduation. The purpose of this set of advising recommendations is to provide students from SFCC an advantage as transfer students into the ExMet degree at WSU Spokane.

Students who complete the SFCC approved transferable Associate of Arts degree with a 3.0 cumulative grade point average or higher will be granted Junior standing and eligibility to apply to the ExMet degree program.¹ The focus of this agreement is to facilitate transfer of an AA degree toward completion of a BS degree in ExMet with the completion of approximately 72 semester credits at WSU. Completion of certifications offered by national professional organizations is dependent on additional requirements.

Washington State University accepts up to 110-quarter credits (or 73 semester credits) of transfer work from accredited community colleges. Students completing **the appropriate transferable AA (Direct Transfer Agreement) degree** from Spokane Falls Community College, including the indicated ExMet degree prerequisites, fulfill all lower-division General Education Requirements. In addition to ExMet degree requirements, students must complete the University Writing Portfolio, and an upper division GER, the Tier III course at Washington State University.

If students transfer prior to fulfilling the AA, the courses taken at SFCC will be applied to the Washington State University General Education core and to respective options within the ExMet degree program based on Transfer Course Equivalency guidelines. Specific information on course equivalency is located at www.wsu.edu/advise/transfer-courses.

¹Washington State University accepts transfer students with a transfer grade point average of 2.5. The Program in Health Sciences *admission* requirement for the B.S. in Exercise Physiology and Metabolism degree is a 3.0 overall grade point average and no less than a 2.8 grade point average for all course work prerequisites.

Implementation of this Agreement

The listing of specific requirements for students to complete with the Associate of Arts degree follows. A checklist for completion of the BS in Ex Met illustrating requirements to be completed at WSU by AA degree transfer students is available for academic advisors. For more information contact the Exercise Physiology and Metabolism Advisor at <u>phs@wsu.edu</u>. SFCC students should follow these advising recommendations closely in preparation for completion of the B.S. in Exercise Physiology and Metabolism degree requirements offered through the Program in Health Sciences at Washington State University.

Symbolic/Quantitative Reasoning -

Satisfaction of the WSU Mathematics Proficiency designation (N), satisfied through one of the following:

• Mathematics: 115; 124 or sequence of 124,125, and 126; 202; 212; or 221 (221 when transferred as WSU Math 205 (N)).

Mathematics/Science -

Group A: Mathematics

• Physics 101 (Phys 101 [P] for students interested in MS Exercise Science)

Group B: Sciences

Life Sciences (Laboratory Courses)

- Anatomy and Physiology 242, 243
- Biology 101
- Microbiology 231
- Nutrition 251
- **Physical Sciences**
- Chemistry 161,162, and 163

Health-related/PE/Recreational/Leisure Activities Courses – A minimum of 5 cr. and two courses from the following groups. One course must be from Group A and one course from Group B.

Group A:

• Health 101 or 104

Group B:

• Physical Education 100, 139, 188, 239.

General Electives – A minimum of 25 additional credits of college-level courses numbered 100 or above. At least 10 of the 25 elective credits must be considered generally transferable by ICRC guidelines.

Recommended for students interested in Dietetics:

- ➢ Econ 100
- > Acct 101, 102
- Management 101
- ➢ Sociology 101

In addition, the student <u>must complete</u> the following courses <u>prior to Year 3</u> at WSU Spokane:

1. <u>ExMet 320 (4 cr.)</u> Strength Training and Conditioning. (Available at WSU Spokane during summer session.)

This advising recommendation becomes effective December, 2005. If substantial changes in course content or changes to the structure of the program at either institution are made, the department/program chairperson/director is responsible for notifying their counterpart at the other school. The recommendations are subject to review every five years from the date of initiation.

Gary Blevins .

Life Sciences Department Chair Spokane Falls Community College

Date

Marcus Jorgensen Date Dean of Instruction for Business, Computing, Mathematics, and Science Spokane Falls Community College

- 4-6 Date

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